

Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Week 1</p> <p>JAN 1-5</p>	<p>WINTER BREAK</p>		<p>1.5 oz. Biscuit</p> <p>1 oz. turkey sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4oz. Dry Cereal</p> <p>1.5oz. Granola Bar</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>Egg & Cheese Biscuit</p> <p>1.5 oz. Egg/1.5 oz. Biscuit</p> <p>1 oz. Potato Patty</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Week 2</p> <p>JAN 8-12</p>	<p>4 oz. Oatmeal</p> <p>1.5 oz. Biscuits</p> <p>Jelly</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>2 oz. Pancake</p> <p>1oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4oz. Dry Cereal</p> <p>1.5oz. Granola Bar</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>1oz. French Toast</p> <p>1oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4 oz. Oatmeal</p> <p>1.5 oz. Biscuits</p> <p>Jelly</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Week 3</p> <p>JAN 15-19</p>	<p>MLK DAY NO SCHOOL</p>		<p>1.5 oz. Biscuit</p> <p>1 oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>1 oz. Pancake</p> <p>1oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4oz. Dry Cereal</p> <p>1.5oz. Granola Bar</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Week 4</p> <p>JAN 22-26</p>	<p>4 oz. Oatmeal</p> <p>1.5 oz. Biscuits</p> <p>Jelly</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>Egg & Cheese Biscuit</p> <p>1.5 oz. Egg/1.5 oz. Biscuit</p> <p>1 oz. Potato Patty</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4oz. Dry Cereal</p> <p>1.5oz. Granola Bar</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>1oz. French Toast</p> <p>1oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>1.5 oz. Biscuit</p> <p>1 oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Week 5</p> <p>JAN 29-FEB 2</p>	<p>1 oz. Pancake</p> <p>1oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4oz. Dry Cereal</p> <p>1.5oz. Granola Bar</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>1oz. French Toast</p> <p>1oz. Turkey Sausage</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4 oz. Oatmeal</p> <p>1.5 oz. Biscuits</p> <p>Jelly</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	<p>4oz. Dry Cereal</p> <p>1.5oz. Granola Bar</p> <p>1/2 cup Fruit</p> <p>8 oz. Juice</p> <p>8 oz. Milk</p>	